



Gaming & Internet Compulsion/Addiction

Session 1: for Parents – Session 2: for Professionals
Saturday, December 1, 2007

Gaming and Internet compulsion/addiction is a growing problem facing many families, couples, and individuals both young and old. This psychological disorder is defined as uncontrolled gaming and Internet-related behavior which interferes with or impairs normal functioning, and causes severe emotional distress for the individual, their family, friends, or their loved ones. Gaming and Internet compulsions can also disrupt one's academic performance, or their job performance. Game and Internet addicts typically and unwittingly make games and cyberspace the top priority in their daily lives.

In this class, we will look at:

- How to identify compulsive/addictive behavior.
- What causes online gaming and Internet compulsion/addiction, and how it develops.
- The different types of gaming and Internet addictions, and gender differences.
- What you can do as a parent or professional to help or treat the compulsive gamer or Internet user.
- The healthy benefits of gaming and Internet use.



When: Session 1 for Parents & Adolescents: 10:00am-12:00pm
Session 2 for Professionals (Therapists, Teachers, etc.): 1:00-3:00pm
Note: The Professional session is an Intermediate Level Workshop.

Where: Campbell Community Center, Campbell, CA, Orchard Hall

Cost: Free! - But online preregistration is required.

Instructors:

Dr. Suzanne Rapley is a Licensed Psychologist, Licensed Marriage and Family Therapist, and an AASECT Certified Sex Therapist, and Diplomate. She has been working in the addictions field for over 30 years with a growing focus on online gaming and Internet addictions. Dr. Rapley will be assisted by her MFT Intern, **Jonathan Shafer**, MA, who is very well-versed in the specific treatment of gaming and Internet-based problems.

REGISTER ONLINE NOW:

visit <http://www.fofv.org> for more information and to register.

The Foundation of Family Values supports families of all political, religious, sexual preference, economic, and racial categories. The FOFV has no specific religious affiliation. We are a 501(c)(3) tax-exempt, non-profit organization.



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Foundation of Family Values Auction!

Just in time for the holidays – two weeks of auction fun and suspense starting on December 1, 2007 and ending on December 15. Bid on fantastic items ranging from trips around the world, massages, collectibles, sports memorabilia, household items, and more.

Proceeds from the auction will ensure that FOFV can continue to:

- Serve low income families by offering a sliding scale fee.
- Offer quality programs to all families for a reasonable price.
- Provide dynamic courses such as *Drugs & Kids: Open Forum*, and community services such as *The Fathers' Support Group*, for FREE!
- Engage skilled professionals to teach our classes and present at our conferences.

Buy cool stuff and support FOFV with each purchase. Auction items are added daily so check back often: <http://www.fofv.cmarket.com>.

Refer your Friends - Become a Donor - Join us as a Sponsor
There are so many ways to help!

Fall 2007 Classes & Events

Infant Massage: Dates & Times: 3 Mondays 11/5/07-11/19/07 from 7:00-8:30pm

Drugs & Kids: Open Forum (FREE!): Date & Time: 11/7/07 from 7:30 - 9:30pm

Parenting Teens: Dates & Times: Two Thursdays 11/8 & 11/15 from 7:00-9:00pm

Health & Illness in the Family: Date & Time: Saturday 11/10/07 from 1:30-4:30pm

Managing Parental Anger: Dates & Times: Two Thursdays 12/6 & 12/13 from 7-9pm

All classes are held at the Campbell Community Center and require pre-registration.

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